



CRAFTING MEDICATIONS,  
TAILORED TO YOU

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## Customized Just for You

As part of your personalized treatment plan, your physician has prescribed a compounded medication to help manage your **pain/discomfort in the anal area**. Compounding is the process of preparing customized medications by combining, mixing, or altering ingredients to meet the unique needs of individual patients.

These medications often include a combination of two or more active ingredients and are typically formulated as topical creams, gels, or ointments. Compounded medications are especially beneficial for patients who have allergies or sensitivities to certain dyes, preservatives, or other components found in commercially available drugs. They may also be prescribed when an FDA-approved medication is not suitable or available for a patient's specific medical condition.

At Levin's Drugs, we combine cutting-edge research with the art of compounding to create custom-tailored medications designed specifically for your individual needs.

## Using your compounded medication is as easy as 1-2-3

### 1. Test your Dispensing Device

- If your medication is in a pump bottle:
  - Before first use, ensure the pump is functioning properly.
  - Remove the over-cap and orifice plug, then press the pump until medication is dispensed.
  - It may take several pumps to prime the nozzle – this is normal, as the medication may settle during transport.
- If your medication is in a jar:
  - Before first use, gently tap the bottom of the jar against a table. This helps settle the contents, which may have shifted during transit, and prevents the medication from spilling when opened.
- If your medication is in suppository shells:
  - Store the medication in the refrigerator as soon as possible. Suppositories may soften or melt during transport or if left at room temperature, but the melted medication will remain contained within the shell.
  - **Do not use** if the suppository feels soft or liquefied inside the shell – this indicates it has melted. Place the suppository in the **refrigerator (not the freezer)** until it becomes firm before use.

### 2. Know your dose

- Read the dosing instructions on the prescription label.
- Pump bottles: Each full press of the pump dispenses approximately 1 gram of medication.
- Jars: A full application is typically measured as one fingertip unit – the amount of medication that stretches from the tip of your finger to the first crease.
- Suppository shells: Take the suppositories out of the refrigerator approximately 30 minutes before you plan to use them. Unwrap the suppository, wet the tip with a small amount of warm water, then fully insert the suppository into the rectal cavity.

### 3. Use your pump or jar correctly

- Pump bottles: Be sure to fully press the pump with each use to ensure you are getting the prescribed dosage of medication. Once dispensed, apply to your skin as directed. After use, always replace the over cap to prevent accidental presses.
- Jars: Always replace the cap securely after each use to prevent spills, avoid contamination, and preserve the medication's effectiveness.
- Suppository shells: Place the unused suppositories back into the fridge after use to prevent melting.

**Use this medication exactly as prescribed by your doctor, including the specified dose and frequency.**

Applying more or less than directed may affect the effectiveness of your treatment. If you have any questions about your dosing instructions or how to properly dispense and apply the medication, please don't hesitate to contact us at the pharmacy at (718) 459-1500. Your health and wellness are our top priority.